Copenhagen once again led the way to a symposium of practical, educational and informative dentistry. Dr. Kim Sperly, the renowned Danish dentist who is the head of the European Society of Cosmetic Dentistry, led this non-political, educationally oriented organization.

Presenters gave unbiased, informative and practical information on techniques to improve predictability, diagnostic choices, esthetics and maintainability.

Supported by Dentanet, the participants were constantly pampered with accoutrements of sophisticated snacks and drinks. These treats were definitely appreciated by presenters and attendants (especially those special Danish brownies on the last day).

The commercial booths were productive and busy, equipped with knowledgeable personnel who uplifted the professional atmosphere of the symposium. The participants appreciated the honest straightforward, yet exciting, informative Danish style.

The international presenters were certainly varied. Dr. Elliot Mechanic, from Montreal, Canada, spoke on “The Artistic Smile Design: Building the Esthetic Practice.” He emphasized the importance of well-made temporary restorations to influence a lab as a blueprint, as well as the key to an esthetic restoration.

Coming from England were three diverse practitioners with the same directive: their use of the Inmann Aligner. They emphasized the lower anteriors where there is crowding, with a conservative tooth-saving esthetic result. Presenters from the UK were Dr. Tif Quershi, Dr. Tim Bradstock-Smith and Dr. James Russell.

Headlining the symposium, from the United States, was Prof. David L. Hoexter from New York City. His subject of “Regeneration of Esthetics and Smiles Utilizing Implants and Cosmetic Periodontal Surgery” covered every possible implant, implant modality, bone graft and all esthetic periodontal possibilities with their techniques made predictable.

This was an ideal symposium in that it was well organized and provided informative education, and its attendees appreciated this.